

Donor Impact Report:

Because of You – A Lifeline for Behavioral Health in St. Louis

Monica was in crisis. She was hearing voices, unable to care for herself, and stuck in a living situation that left her scared and alone. But thanks to you, Monica didn't have to face that moment on her own.

You helped open the doors to a place that was ready for her — the SSM Health Behavioral Health Urgent Care and Long Acting Injection (LAI) Clinic at Saint Louis University Hospital. There, Monica received the care she needed and a new medication that doesn't require daily pills — a life-changing shift for someone navigating complex challenges.

Today, Monica is showing up for herself. She's going to appointments. She's speaking up about her care. She's rediscovering what it feels like to live with stability and dignity.

Your gift made this possible.



1,396
patients served
since opening in 2024

1.4 hours
average time in urgent care
— a faster, more compassionate option than the ER

98.3% of LAI Clinic participants stabilized
— staying on track and out of crisis

3 locations strong
— SSM Health's network of Behavioral Health Urgent Cares and LAI Clinics **spans from western St. Charles County to the heart of St. Louis** at SSM Health St. Joseph Hospital – Wentzville, SSM Health DePaul Hospital – St. Louis, and SSM Health Saint Louis University Hospital

Before this clinic existed, many had only three options:

1. Try to manage alone, often without support
2. Wait for hours in a crowded emergency room, only to be triaged, not treated
3. Be admitted to a psychiatric unit where they would be cut off from family, monitored 24/7, and placed in seclusion for safety

These experiences often foster isolation, fear of seeking care, and a loss of self-dignity.

Because of your support, our community
now has something better.

For those facing long-term mental health conditions, the SSM Health Behavioral Health Urgent Care and LAI Clinic is a game-changer. Monthly injections make care more consistent — especially for people navigating homelessness, transportation issues, or other barriers. With the help of community partners, the clinic also connects patients to housing, food, and other essentials for the patient's well-being.

From all of us at SSM Health, and every patient whose life you've touched, thank you for your impact — and for being a lifeline.

You didn't just fund a clinic. You helped create a place that treats people with dignity. That meets them where they are. That helps them heal.
And, it's changing lives, every single day.

**Name changed for confidentiality.*

Thanks to you, patients in crisis receive:



Brief interventions
and psychiatric
evaluations



Long-acting
medications that
reduce daily barriers



Follow-up care and
warm handoffs to long-
term support through
our community partners

Together, we can continue to provide essential care and support for individuals experiencing behavioral health crises. Give today at givetossmhealth.org/stlbehavioralhealth.

